

Conscious Horsemanship

If you want to get **close to the horse**, you have to get **close to yourself...**

For Horse Lovers and Equine Professionals



Have you ever heard,
“It’s NOT about the Horse?”

When it comes down to it, your relationship with horses
STARTS WITH YOU!

In this practical and experiential workshop you will learn how to:

- ✓ **transform the blocks, behaviours and beliefs** that get between you and your horse(s)
- ✓ **achieve personal and professional goals** with horses - and beyond!
- ✓ **turn stress into success in just minutes**
- ✓ **create a whole brained state** which is the key to optimal learning with horses
- ✓ **facilitate Equine Assisted Belief Change (EABC) Sessions** – for you, your clients and your horses!



Your Workshop Leader will be
Sandra Wallin, B.Sc., B.Ed., M.A., R.C.C.
Founder of Chiron’s Way Centre for Equine Guided Development
www.chironsway.com



Conscious Horsemanship Level 1 is for you if:

You want to expand on your abilities to work, play and be with horses...

- You are looking for a deeper connection with your horse whether you're competing at a 3-Day Event, partnering together during an equine guided learning session or simply playing at liberty in the back yard...

- You understand what you bring to your relationships affects what you can do, be, create and accomplish with your horse, and **you're ready to bring more!**

(or less in some cases – less fear – less should – less status quo)

- You want to learn a life-changing process that will teach you how to harness the power of your subconscious to become more horse conscious, and in turn create and live the life you've imagined, with your horses, yourself, your clients and beyond!

“If you want to get close to the horse, you have to get close to yourself. Then the horse can come to you.” ~ Carol Nichols

About Conscious Horsemanship:

“My horse was being reactive as we approached the little creek by our home. She'd been through it a hundred times on her own but this was the first time we'd tried it together. I went back to what I learned with Sandra. Within moments, Bree quieted and we walked confidently across the creek. It was such a simple yet powerful example of how **my** internal state affects her. “
~ Diane

See www.chironsway.com for more information.

