

An Introduction to

# Conscious Horsemanship

If you want to get **close to the horse**, you have to get **close to yourself...**



For Horse Lovers and Equine Professionals

**Date:** Saturday, October 12, 2019

**Time:** 10:00 am - 12:30 pm

**Location:** Festina Lente Equestrian Centre  
Bray, Co. Wicklow

**Tuition:** €80 by Sept 22/€100 thereafter  
If attending the afternoon session on The Equine Arts as well, €150 for both sessions by Sept 22 OR €180 thereafter

**Register:** Email Sandra:  
[info@chironsway.com](mailto:info@chironsway.com)  
OR go to  
[www.chironsway.com](http://www.chironsway.com)



Have you ever heard,

“It’s NOT about the Horse?”

**When it comes down to it, your relationship with horses STARTS WITH YOU!**

In this introductory workshop, which will blend lecture, demo and experiential activities, you will learn:

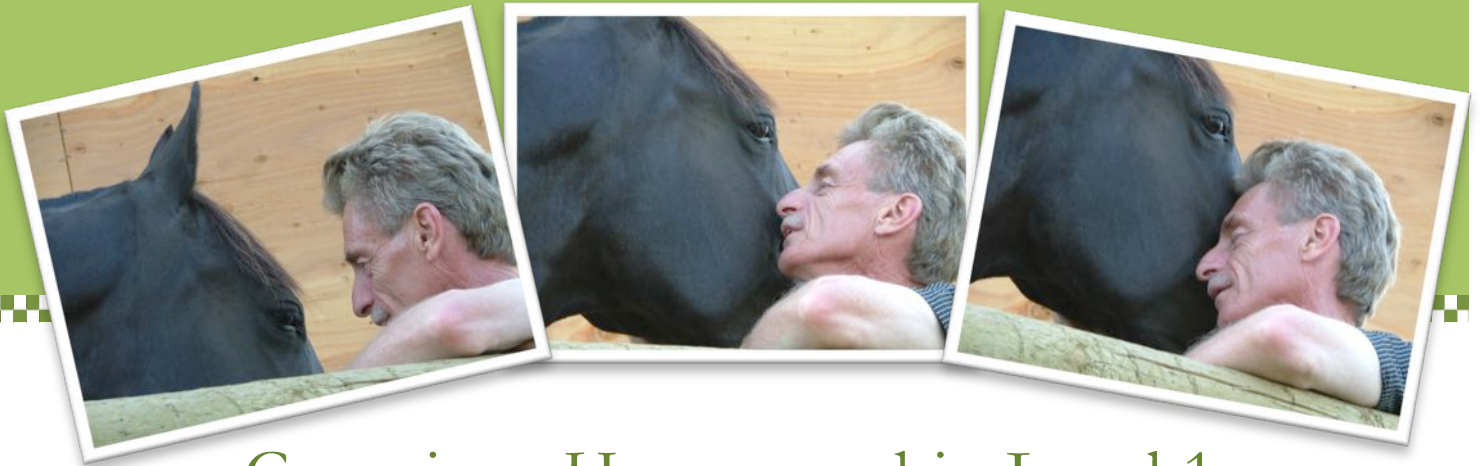
- how to **identify a block, behaviour or belief** that is getting in between you and your horse(s) or your goals
- a **simple process** to harmonize and balance the mind-body system before a session or ride
- an easy and **immediately useable activity** to bring you into present time – where the horses like us to be
- how to **communicate with the subconscious** mind in order to achieve your goals - with horses and beyond
- why Conscious Horsemanship is **vital to the wellbeing** of your clients, your horses and YOU!

**If you're inspired to learn more, a Level 1 Workshop will take place near Dublin in Spring 2020. Email Sandra to reserve a spot.**

Presented by:

Sandra Wallin, BSc., BEd., M.A., Doctoral Candidate Ecopsychology  
Founder of Chiron's Way Center for Equine Guided Development

For local details and logistics, contact sponsors and EAI Members Michelle Devitt at [horsewishireland@gmail.com](mailto:horsewishireland@gmail.com) Or Yvonne Monahan at [yvonne@humanhorseharmony.com](mailto:yvonne@humanhorseharmony.com)



## Conscious Horsemanship Level 1 is for you if:

You want to expand on your abilities to work, play and be with horses...

- You are looking for a deeper connection with your horse whether you're competing at a 3-Day Event, partnering together during an equine guided learning session or simply playing at liberty in the back yard...

- You understand what you bring to your relationships affects what you can do, be, create and accomplish with your horse, and **you're ready to bring more!** OR less in some cases – less fear – less shoulds – less status quo.

- You want to learn a life-changing process that will teach you how to harness the power of your subconscious to become more horse conscious, and in turn create and live the life you've imagined, with your horses, yourself, your clients and beyond!

"If you want to get close to the horse, you have to get close to yourself. Then the horse can come to you." ~ Carol Nichols

About Conscious Horsemanship:

"My horse was being reactive as we approached the little creek by our home. She'd been through it a hundred times on her own but this was the first time we'd tried it together. I went back to what I learned with Sandra. Within moments, Bree quieted and we walked confidently across the creek. It was such a simple yet powerful example of how **my** internal state affects her." ~ Diane

**Level 1 Conscious Horsemanship Coming to Ireland** in 2020.

See [www.chironsway.com](http://www.chironsway.com) for more information.

